

Club 55 Senior Center

By Carol Burrows Club 55 Correspondent

Another Town and Country Days celebration has made its' imprint on a new generation of lucky Lake Mills children and adults as well as brought back memories for many more of us. The rides of Christian Entertainment have not changed much but continue to mesmerize many. When I refer to Lake Mills as 'Norman Rockwellville' the image of our downtown Commons Park is always the focal point. The events that occur there (that we often take for granted) are incredibly unique to our visitors as it beckons to a time that has for the most part passed. Our world has become fast paced and entered the high-tech era, so the pause that is provided by these events reminds us to slow down and enjoy our days. Eli Wedel captured it best with the puzzles that he created of the Franklin Else Band Stand and the concession stands during a past Town and Country Days Celebration.

Summer is a great time to pop into Club 55 Senior Center to see what it is all about. There is something happening every day and it provides a chance to meet new people. It is also a chance for those of us that try to organize activities to hear what kinds of things that we may be missing to offer. It is always possible to stop in and find someone who would love to play dominoes, scrabble, or another board game. We have many scheduled weekly activities that you can find on the website: <https://www.lakemills.k12.wi.us/recreation/calendar-of-events-club55.cfm>

Our Club 55 Mission Statement: Club 55 serves the community as a gathering place for adults to provide engaging activities and programs that support healthy living and independence.

We are open from 10am to 3pm, Monday through Thursday and located in the Rock Lake Activity Center (RLAC) building at 229 Fremont Street. There is no fee for membership, and open to all. Call 920-728-2176 for more information.

The next Bingo is scheduled for Wednesday, July 6 from 1-2:30 and will be held in the gym at RLAC.

The next Foot Care will be on Wednesday, July 13 from 9:10-11:30... appointments required and can be made by calling 920-728-2176. Bring your own towel, \$15.

Exercise with Diane is held in the gym at RLAC on Tuesdays and Thursdays from 10-10:30 and is free. It focuses on core strength and balance and the philosophy is to do what is best for you.

Club 55 will be closed on Monday, July 4th

The Lake Mills City Band Concert on Wednesday, July 6, is an American Salute in memory of Karl Anderson. All of the music has been chosen especially for Karl and many of his family and friends will be in attendance. It seems like the perfect choice for Molly Krull to choose that evening to have an Elderly People Appreciation Day. She hopes that you will gather at the Lions Shelter in Commons Park at 6pm before the band concert. There will be music, food, and a special surprise. This is the final project for the topic she chose for her social studies class. Thanks for being an advocate for older adults Molly!

The Bia meal for Wednesday, July 6, is: Hot Chicken Sandwich with mashed potatoes and gravy, buttermilk slaw, and dessert. Your order must be placed by Friday, July 1, either online at <https://www.lakemills.k12.wi.us/recreation/bia-meal-program.cfm> You may also stop in at Club 55 and fill out an order form, or call 920-728-2176. Meals are \$12 and are delivered to Club 55 at RLAC for July 6 at 2:30. (On days when bingo is in Commons Park by the band stand, meals are delivered to the park by the band stand.)